

Am I A

Good Enough Therapist?

Therapy Group Supervision

With Volha Shelepava, BEd, BPsy
(she/her)



- 6 virtual meetings designed for therapists at any stage of their career in Ontario.
- Gain practical skills and a supportive space to grow into your professional identity
- Dates: Every other week, Thursdays, 10am-12pm, Starting Thursday, October 8th - December 17th
- Cost: \$80/session, \$480 total

**Starting your work as a therapist
can feel overwhelming.**

Self-doubt, imposter syndrome, tricky cases, and
the pressure to “do it right” can creep in fast.

**You don't have to
navigate that alone.**



Build Confidence. Get Support. Trust Yourself.

Join our warm, non-judgemental, and supportive supervision group to navigate the internal hangups of your professional journey.

You don't have to be perfect to be effective.

Join us to start the search for your unique therapeutic style and qualities that would make you stand out.

Volha Shelepava is a Registered Psychotherapist and clinical supervisor with more than 15 years of therapy experience.

Volha is offering an environment where you can bring your real questions, uncertainties, and cases and leave with greater clarity and confidence in a supportive group setting.

Note: This workshop counts towards required group supervision hours for CRPO credentialing if applicable.

What You'll Get:

- Case Consultations in a Small Group
- Practical Tools to Manage Common Client Presentations
- Support Navigating Imposter Syndrome & Perfectionism as a Therapist
- Understanding and Managing Transference & Countertransference in Practice
- Support Creating Professional Boundaries & Ethics
- Support Navigating Termination & Transitions
- And Much More!

Sign Up Today!

Spaces are limited, so we encourage you to sign up soon to secure your place. Go to the link in bio or scan the provided QR code to register today!

We look forward to seeing you there 🍁

